

## Aging: What Concerns Us?

In a 2007 survey by Market Probe Canada, over 1,000 Canadians aged 35-75, revealed these fears about aging:

- ▶ Deteriorating physical health – 67%
- ▶ Loss of independence – 66%
- ▶ Putting self or partner into a care facility – 55%
- ▶ Deteriorating mental health – 53%
- ▶ Running out of money – 53%
- ▶ Being a burden to family – 51%

Medical advances are likely to help you live longer; however, your independence may be compromised. Life expectancy is rising. . .

Male	Female
1950: 66.8 years	1950: 71.6 years
2005: 77.5 years	2005: 82.4 years

. . . but with age, the risks of losing your independence rise too.

- Main causes of a loss of independence:
1. Alzheimer's disease
  2. Heart disease
  3. Stroke
  4. Cancer
  5. Injuries

Loss of independence, a new financial reality you and your family need to plan for. Canadians are seriously thinking about the realities. In the event of a loss of independence, you make the decisions when you have planned for your future with Long-Term Care Insurance. Contact **Stewart Financial Services** regarding Long-Term Care Insurance.